



Trusted virtual counsel,
wherever your workplace.

HEATHER POWER

Employment,
Labour &
Contracts
Lawyer

Heather Power is an employment, labour and human rights lawyer who provides advocacy and advice with respect to all aspects of workplace law, including advising on the employment-related aspects of business acquisitions and restructurings. Her clients include employers, human resources professionals, employees, and corporate counsel and professional advisors involved in transactions and restructurings.

Employment, Labour & Human Rights

As a trusted advisor, Heather provides her clients with concrete, expert, and practical advice with respect to all stages of the workplace relationship, including drafting and negotiating employment or independent contractor agreements, statutory employment standards, disability and other human rights accommodation issues, employee privacy and electronic monitoring, performance management, and terminations. Heather's goal is to provide tailored solutions to the individual needs of each client's workplace and circumstances, with an eye to fostering and maintaining effective and productive workplaces.

Where workplace issues arise, Heather has a passion for crafting unique and novel litigation strategies and is a zealous advocate for her clients in every step of the litigation process. She strongly believes in achieving her client's objectives through the most economical and effective means possible.

Business Acquisitions and Restructurings

In addition to providing advice to employers and employees, Heather works alongside corporate counsel on corporate transactions and business restructurings, providing advice and guidance on the complex labour and employment issues that can arise throughout the transaction or restructuring. From initial due diligence to managing successor employer liabilities, and mass terminations, Heather assists corporate counsel and professional advisors on all labour and employment that arise throughout the course of a deal.

Heather received her Juris Doctor from Queen's University. Prior to joining SpringLaw, Heather gained a broad range of experience working for a national labour and employment boutique in Toronto and running her own practice where she primarily supported corporate counsel with all labour and employment aspects of corporate transactions and restructuring. Prior to completing her Juris Doctor at Queen's University in 2015, Heather obtained a Master of Public Administration from Queen's University. Before commencing her legal career, Heather worked in senior advisory positions with the provincial government, where her responsibilities included assisting in the development of new legislation. She has unique insight into the legislative process and has been able to use this knowledge in advocating for her clients.

Heather lives in Toronto, Ontario where she spends her time outside of work with her family, friends, and her pug, Oliver. Heather loves cooking, perusing for records, live music, and the ongoing challenge of finding a new enthralling mystery novel at her favourite mystery bookstore which while offering the best selection imaginable, has the most eclectic hours.



 hpower@springlaw.ca

 [Heather - power](#)

 www.springlaw.ca

416-238-8283

111 Queen Street East, South Building
Suite 450, Toronto, Ontario M5C 1S2